

STUDY SMART

Trauma Informed Approach Skill Set

Do you want to learn how to create a safe and supportive environment for those who have experienced trauma?

Our Trauma Informed Approach short course is designed to provide you with the knowledge and tools you need to become an effective trauma-informed practitioner.

A must-do course for workers and professionals in a range of industry sectors including:

- Employment Services
- Health and mental health
- Education
- Aged and disability support
- Child, youth and family services
- Legal services and law enforcement
- Customer and client services.

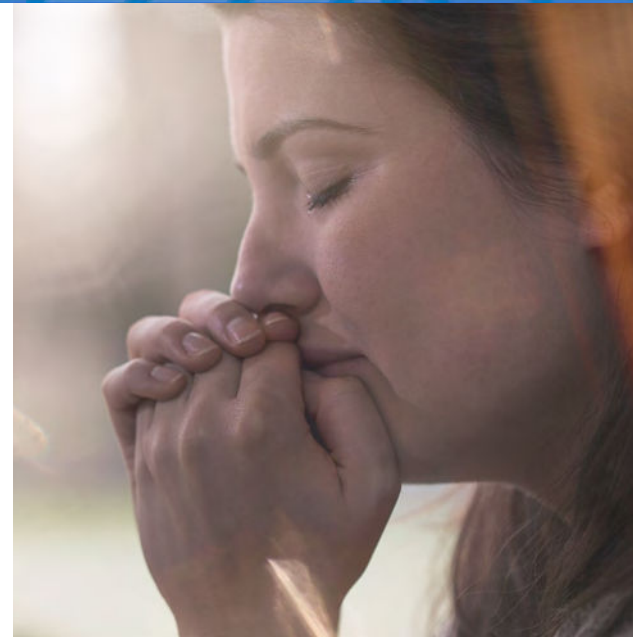
Learn about the prevalence and types of trauma, as well as the neurobiological and psychological effects of trauma on individuals.

Gain an understanding of trauma-informed care and its core principles, such as safety, trustworthiness, choice, collaboration, and empowerment.

Through interactive activities and case studies, you will learn practical skills for implementing trauma-informed approaches in your work with individuals and communities.

PROGRAM OVERVIEW

- Learn strategies to build trust, promote safety and encourage joint decision-making.
- Increase your skills and confidence to engage and talk with people impacted by trauma.
- Create a Personalised Action Plan to apply the practical techniques.



LEARN PRACTICAL SKILLS:

- how to assess for trauma,
- how to use trauma-informed language,
- how to create safe and supportive environments that promote healing and resilience.



SCAN TO ENROL

Or contact us on
(07) 5334 9922 with
any questions.

DURATION:

2 day workshop + pre-course theory online.

LOCATION:

Vitality Village, Birtinya. Sunshine Coast.

COST: \$550